

**CAUTION: I HAVE ALS
(Lou Gehrig's disease)**

**SOME STANDARD EMERGENCY
PROCEDURES MAY BE LIFE-
THREATENING & HARMFUL...**

Do not lay me flat. I may have breathing problems that require that I remain sitting up.

I may need Bi-Level positive airway breathing pressure. I may need assist in breathing both INHALING and EXHALING, (e.g., cough-assist & similar).

I may have difficulty speaking. My mental capacity is NOT IMPAIRED.

Do not assume you know more about me & my condition than I do.

Contact medical professionals who are experienced with ALS patients.

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