

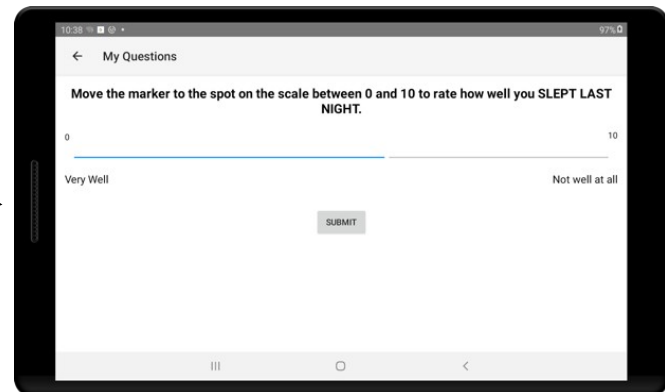
St. Luke's Rehabilitation Institute is partnering with Gonzaga University and Eastern Washington University to better understand ALS

We are inviting you and your caregiver to participate in this study

Purpose of the Study

To gather information about the relationships between **activity, sleep, fatigue, and pain for individuals with ALS and their caregivers**

- Activity and sleep data will be measured with a **small, wearable sensor attached to your wrist**
- Sleep, fatigue, and pain information will be collected from your responses to **questions on an Android tablet**



Why Participate?

- We are **researching non-drug ways to help sleep and pain**
- Our findings could help individuals with ALS and their caregivers beyond this study

What will I have to do if I Consent to Participate?

- We will visit your home to setup the equipment and show you how to use the tablet
- **You will participate in the study for eight days.** As long as you are comfortable:
 - You will be asked to wear the wireless sensor on your wrist
 - You will be asked to respond to questions on the Android tablet
- We will visit your home to pick up the equipment on day 8

Frequently Asked Questions

Longitudinal Assessment of Sleep and Fatigue in Amyotrophic Lateral Sclerosis
Gonzaga IRB protocol #: 2103SPRSEAS, Sprint

- What is the cost to participate? There will be **no cost** to you for participating
- Can I see my responses and/or sensor data? Yes, if you would like, this is optional

Please Feel Free to Contact us with any Additional Questions

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